

GREEN JUICE: WHY YOU SHOULD DRINK IT?

PROS

- Fastest way to get nutrients to enter your bloodstream
- Thousands of recipes!
- After one week, you will see changes in your skin, body and hair.
- One of the best ways to improve your health.

CONS

- Expensive
- Cleaning the juicer can be tedious.
- Juicers can be expensive.
- Time-consuming